



Caritasverband
Oberhausen e.V.



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Contact

Contact and counselling centre for people with mental illness (KOBS)

**Daily routine, open offers and
psychosocial counselling**

Mülheimer Straße 202 (entrance at car park)

46045 Oberhausen

Telephone +49 208 94040-650

E-mail kobs@caritas-oberhausen.de

Open meeting place

Thurs. 2.00 - 6.00 pm

Getting here by bus

SB 93, SB 94, 956, 957 (Rathaus)

Getting here by tram

112 (Obere Marktstraße)

Follow us:

 www.facebook.com/caritasOB

 www.instagram.com/caritasOB

www.caritas-oberhausen.de/kobs

Help us to help! Donate to:

IBAN DE97 3655 0000 0052 8037 56

Stadtsparkasse Oberhausen

www.foerderverein-claudia.de

KOBS

Contact and counselling centre for people
with mental illness

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About us

The psychosocial contact and counselling centre of the Caritas Association Oberhausen (KOBS) offers a wide range of services for people with mental illness or intellectual disabilities and their relatives.

Do you feel ...

- ... alone?
- ... disorientated?
- ... without prospects?
- ... unable to cope?
- ... misunderstood?

We support you with:

- Counselling sessions for affected persons and relatives
- Open contact and recreational offers
- Offers to structure your day
- Festivities throughout the seasons

Our offer

We coordinate with you individually to find out what kind of assistance you would like. If necessary and desired, we can also refer you to other services within the Caritas organisation or elsewhere. Just ask us! We are happy to refer you.

Assistance in your
own home

Daily routine

Contact and
counselling centre
for people with mental illness

Counselling
according to the
Social Code Book II

General
social counselling