



Caritasverband  
Oberhausen e.V.



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## Contact

## Family and education counselling

Counselling for children, adolescents, parents and young adults

### About us ...

#### Our offer

The family counselling service is open to all families in Oberhausen. The counselling is voluntary, free of charge, confidential and, if desired, anonymous. We are bound to professional secrecy. We advise children, young people and parents on various issues where they need support as a family.

#### The team

Our team consists of professionals with various counselling specialisations, with considerable experience and extensive knowledge of learning and behavioural therapy, psychology and social pedagogy.

#### Our counselling centre

The Caritas family counselling service has been an integral part of the counselling services in Oberhausen since 1975 and offers a wide range of support for children and parents, young people and families, educators, teachers and youth welfare professionals.

#### Family, education & counselling family counseling

Am Förderturm 8 · 46049 Oberhausen

Telephone 0208.9404460

E-mail [erziehungsberatung@caritas-oberhausen.de](mailto:erziehungsberatung@caritas-oberhausen.de)

When you call us to register, we start by taking your details. We then call you back promptly and make an appointment with you for an initial consultation. In case of crises or emergencies, we try to arrange an appointment as soon as possible.

We offer you the option of counselling with the support of interpreters.

[www.caritas-oberhausen.de/  
erziehungsberatung](http://www.caritas-oberhausen.de/erziehungsberatung)

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## We are happy to help

- with general and specific parenting/educational questions and problems in the family
- with questions about child development and support
- in case of difficulties in the day-care centre, school or education
- if your child has behavioural problems
- in case of mental disturbances, illnesses and disabilities within the family
- in case of problems, conflicts and fears of children, adolescents and young adults
- if your child is affected by difficult family situations and needs help
- with questions and problems faced by parents in connection with separation and divorce
- if you feel you are stressed or not coping as a parent

## For children and young people

### Direct line for you!

You can come to us if you have problems at home, at school or with friends and need help!



## Together: this is how we work

We would like to solve your problems together with you. With our multi-professional team of child and youth psychotherapists, (social) educators and social scientists, we are there to help:

### Counselling

- Orientation, individual and family sessions
- Separation and divorce counselling
- Family and education counselling in family centres, early intervention centres and schools
- Online counselling

You can reach the online counselling service by scanning the QR code or at <https://beratung.caritas.de>.

You can also receive anonymous counselling here. Your request will be answered by a member of the counselling centre staff within two working days.



for parents



for children and young people



### Diagnostics

- Learning and performance diagnostics
- Psychological and psychosocial diagnostics
- Family diagnostics

### Therapy

- Pedagogical-therapeutic offers
- Individual and group therapy for children and young people

## Advice for professionals

**We are also glad to assist professionals in child and youth welfare.**

- Collegial exchange
- Professional consultation in accordance with § 8b of Book VIII of the Social Code on questions of child welfare
- Subject-related cooperation
- Lectures or seminars on specific educational or psychological issues
- Visits to schools and child day care facilities

We look forward to hearing from you!

